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DIABETES PHILIPPINES SECRETARIAT
Unit 25, Facilities Centre; #548 Shaw Blvd., Mandaluyong City
Telefax: (632) 531-1278 Tel. No. (632) 534-9559
Email: diabetesphilippines@pltdsl.net
Website: www.diabetesphilippines.org

Title: SEMINAR ON DIABETES, ITS MANAGEMENT AND COMPLICATIONS: AN UPDATE

Description: The seminar is for health care professionals (HCP): medical doctors and other allied health care professionals, who are interested to enhance their knowledge and skills in managing diabetes, as well as promote the right attitude in handling people with diabetes. Review and update on Diabetes, management and complications will be the done. Pharmacologic management throughout the lifespan will be given emphasis. To intensify the effect of pharmacologic management, basic medical nutrition therapy (MNT) will be discussed. Managing diabetes is not the sole responsibility of HCP thus self-management education will be introduced towards empowerment of people with diabetes. To augment the knowledge on Insulin therapy and monitoring of blood sugar, actual demonstration on how to inject and monitor will be done.

Lecturer & Facilitator:

Diabetes Philippines (DP) Board of Directors, and
Members of HCP

Target Participants:

Health Care Professionals

Date:

April 12 – 13, 2018

Methodology:

Lecture, Discussion,
Case Analysis, Hands on Practical sessions,
Demonstration and Return Demonstration

General Objectives:

At the end of the seminar, the participants
will be able to enhance their skills in managing diabetes.

Specifically, the participants will be able to:

1. Discuss the updated concepts related to diabetes, its risk factors, signs and symptoms, classifications, complications and management.
2. Show the importance of diabetes self-management education as a tool to empower people with diabetes
3. Demonstrate insulin injection technique and blood glucose monitoring
4. Demonstrate carbohydrate counting strategy.
5. Identify the carbohydrate counting tools.
6. Identify different evidence based weight management meal planning strategies.
7. Illustrate the calorie counting as meal planning strategy
8. Demonstrate the use of food labels in calculating nutritional value.



Diabetes Philippines Legazpi Chapter

Invite you to attend

**63rd Diabetes Workshop
And
28th Diabetes Forum**

**Casablanca Convention Center, Legazpi
April 12 – 13, 2018 (Thursday - Friday)
8:00am – 5:00pm**

WORKSHOP COORDINATORS

**Francis I. Pasaporte, MD
Edberto R. General, MD
Jennina A. Duatin, RND
Leyden V. Florido, RN
Ms. Evangeli A. De Jesus**

Credited with PMA, PCP and PAFP CME/CPD Units
PRC CPD Units Applied

63 rd Diabetes Workshop & 28 th Diabetes Forum April 12, 2018 (Thursday) 8:00am – 5:00pm	
TIME	TOPIC
7:30 – 8:00	Registration
8:00 – 8:10	Opening Ceremonies National Anthem and Invocation Welcome Remarks - Edberto R. General, MD - Grace K. de los Santos, MD Introduction to the Workshop - Francis I. Pasaporte, MD
8:10 – 8:40	The Challenges of Diabetes: Its Burden, Risk, Diagnosis and Classification Speaker: Maria Marci C. Cruz, MD
8:40 – 8:50	Q & A
8:50 – 9:20	Diabetes Across the Lifespan (from pregnancy to adulthood): An Update in Management Speaker: Francis I. Pasaporte, MD
9:20 – 9:30	Q & A
9:30 – 10:00	Break Time/Snacks/Visit Exhibits
10:00 – 10:30	Acute Complications: Detection, Treatment and Prevention Speaker: Grace K. de los Santos, MD
10:30 – 10:35	Q & A
10:35 – 11:05	Management of the Diabetic Kidney: A Diabetologist's Perspective Speaker: Grace K. de los Santos, MD
11:05 – 11:15	Q & A
11:15 – 11:45	The Do's and Don'ts in Diabetes Wound Care Speaker: Tommy S. Ty Willing, MD
11:45 – 11:55	Q & A
11:55 – 12:25	Care of Patients Undergoing Surgery Speaker: Marsha C. Tolentino, MD
12:25 – 12:30	Q & A
12:30 – 1:30	Lunch Symposium by Natrapharm
1:30 – 2:00	Pitfalls' in Diabetes Management Speaker: Edberto R. General, MD
2:00 – 2:10	Q & A
2:10 – 2:45	Insulin Therapy Made Easy Speaker: Marsha C. Tolentino, MD
2:45 – 2:55	Q & A
2:55 – 3:25	Insulin Devices and Injection Techniques Speaker: Leyden V. Florido, RN
3:25 – 3:35	Q & A
3:35 – 4:05	Break Time/Snacks/Visit Exhibits
4:05 – 4:35	Medical Nutrition Therapy: Making It Understandable and Doable Speaker: Jennina A. Duatin, RND
4:35 – 4:45	Q & A
4:45 – 5:00	Awarding of Certificate to Pharma

63 rd Diabetes Workshop & 28 th Diabetes Forum April 13, 2018 (Friday) 8:00am – 4:00pm	
Time	Topics
8:00 – 9:00	Registration
9:00 – 9:15	Introduction to Nutrition Workshop - Jennina A. Duatin, RND
NUTRITION WORKSHOP	
9:15 – 12:00	Carbohydrate Counting Facilitators: Jennina A. Duatin, RND and Olivia O. Dabu, RND
	Calorie Counting Facilitators: Maria Bernadette G. Platon, RND and Khristine Ivy N. Llave, RND
	Food Label Reading Facilitators: Glenna E. Bernabe, RND
12:00 – 1:00	Lunch
1:00 – 1:15	Introduction to Insulin and Blood Glucose Monitoring Workshop - Leyden V. Florido, RN
INSULIN AND BLOOD GLUCOSE MONITORING WORKSHOP	
1:15 – 4:00	Single
	Mixing
	Re-usable
	Disposable
	Blood Sugar Monitoring



63rd Diabetes Workshop and 28th Diabetes Forum
 April 12 - 13, 2018 (Friday) 8:00am – 5:00pm
 Casablanca Convention Center, Legazpi

REGISTRATION FORM

PLEASE PRINT CLEARLY:
CATEGORY: ☐GP ☐IM ☐Family Med ☐RN ☐RND ☐Other ____

NAME&M.I.: _____

SURNAME: _____

ADDRESS: _____

TEL. NO: _____ **FAX NO.:** _____
CELLPHONE NO.: _____
E-MAIL: _____

REGISTRATION FEES:

CATEGORY	Early Registration Before April 6, 2018	On-site Registration April 12-13, 2018
Full Registration (Physicians)	P 800.00	Php. 1,000.00
Full Registration (Allied)	P 500.00	

MODE OF PAYMENT
 Option 1: CASH ☐
 Option 2: Bank Transfer ☐

You may pay your registration fees at the branches of the following banks:
 Authorized Banks:
☐ Metrobank : S/A No. 254-3-25402919-0
☐ Allied Bank : S/A No. 3240020875
 ACCOUNT NAME: DIABETES PHILIPPINES, INC.

- Note:**
- Please return accomplished form and payment to:
 Diabetes Philippines Secretariat, Unit 25, Facilities Centre;
 548 Shaw Blvd., Mandaluyong City
 Tel. Nos. 531-1278/534-9559
 Fax No. 531-1278 // Email: diabetesphilippines@pltdtsl.net
 - If payment was made thru bank please attach duplicate copy of your deposit slip together with your registration form.
 - Only registration form accompanied by payment will be processed.